



# **Colorado Advisory Council on Brain Injury Meeting Minutes**

| Date: August 17, 2023     | Time: 10:00 | ) -12:00 AM                        | Location: Zoom |
|---------------------------|-------------|------------------------------------|----------------|
| NAME                      | PRESENT     | NAME                               | PRESENT        |
| Board Members             |             | Jones, Christa                     | х              |
| Agtarap, Stephanie        | х           | Knauer, Russha                     | x              |
| Bowman, Kelly             | х           | Laureta, Laura                     | х              |
| Boyd, Kara                |             | Martinez, Maria                    | х              |
| Dickerson, Jody           | х           | McMahon, Leah                      | x              |
| Engle, Ian                |             | Micciche, Denise                   | x              |
| Friedman, Ronen           | X           | Munthali, Jennie                   |                |
| Genzel, Ben               |             | Pedler, Rhea                       |                |
| Heidenreich, Steve        |             | Snelson, Kari                      |                |
| Henika, Joy               | х           | Wren, Louisa                       |                |
| Herbstman, David          | x           | Payne, Renee                       | x              |
| Grishman, Toni            | х           |                                    |                |
| Janeba, Meg               | х           |                                    |                |
| Staff                     |             | Guests                             |                |
| Liz Gerdeman (MINDSOURCE) |             | Amy Engleman (ACL Grant Evaluator) |                |
| Kelly Miller (MINDSOURCE) |             |                                    |                |
| Lina Kyle (MINDSOURCE)    |             |                                    |                |
| Erin Horner (MINDSOURCE)  |             |                                    |                |
|                           |             |                                    |                |

#### Welcomes

| Discussion   | Kelly welcomed everyone to the group and Stephanie lead introductions. |                          |          |
|--------------|--|--------------------------|----------|
| Action Items |  | Person(s)<br>Responsible | Deadline |
| NA           |  |                          |          |

#### **Approval of Minutes**

| Discussion   | Stephanie moved to approve the minutes from July as written, Joy seconded, and motion passed. |                          |          |
|--------------|---|--------------------------|----------|
| Action Items |   | Person(s)<br>Responsible | Deadline |

# Discussion

|  | MINDSOURCE Updates |
|--|--------------------|
|--|--------------------|

MINDSOURCE staff participated in the National Association of State Head Injury Administrators' Leading Practice Academy to strengthen Colorado's behavioral health network for brain injury survivors. Partner organizations were engaged including Brain Injury Alliance of Colorado, University of Denver, Craig Hospital, Colorado Behavioral Health Administration (BHA), and Colorado Department of Healthcare Policy and Financing (HPF). These were the three goals of the group:

Connecting with the BHA

- A Colorado Advisory Council on Brain Injury member is on the BHA Advisory Council.
- Added BHA as a standing agency to our advisory council bylaws
- Provided feedback on BHA rules, licensing discussion, and child welfare connection.

Training for behavioral health professionals

 Collaborated on the creation of brain injury model for BHA Learning Management System. They have completed the Brain Injury 101 module which includes definitions, stats, presentation, strategies, accommodations, treatment modalities, screening, identification, and resources. It is a two hour training and the goal is that it will be included in the core training for all BHA staff and eventually be available to all behavioral health professionals in the state.

Pilot brain injury screening in a behavioral health setting

- The team identified two potential partner agencies.
- A follow up is scheduled for early fall.

## Next steps

- Creating Memorandum of Understanding to share the BHA training data, ie. who is taking it and how do they do on the quiz?
- Creating advanced Behavioral Health Administration training which may include pharmacology, grief and loss, cooccurring serious mental health conditions, how ACES connect with brain injury, substance abuse,

pediatric brain injuries and the differences of when a brain injury happens across the lifespan, suicide, differences between brain injuries for men and women and the unique vulnerabilities of women, how to support kids with concussions with anxiety, depression, withdrawal, suicide and continued monitoring.

- Collaborate on safety net initiatives with the BHA
- Develop scaled approach to implementing screening materials for behavioral health professionals
- Continued meetings of the LPA team
- Promote and support Colorado professionals' participation in NASHIA's brain injury certification program

Ben emphasized the importance of brain injury screening for individuals who have ACES and ensuring the are receiving the appropriate care.

## ACL Grant Evaluation Report Year Two

Accomplishments

- The council has recruited new members and almost has a full membership.
- New bylaws were adopted that include compensation for volunteer members.
- MindYourBrain PSA and website for Brain Injury Awareness Month resulted in:
  - o 1,400 new visitors to MINDSOURCE website
  - Over 800 visitors to MindYourBrain page
  - 179 referrals to BIAC in March
- The council has a draft state plan to be voted on.

#### **CACBI Annual Survey Findings**

Process

- 10 out of 17 current members responded. Half with a brain injury and half are first year members.
- With regards to the bylaws revision process, only one person shared that they felt too much time was spent on this. Of the seven respondents to this question, four described the process as valuable but remained frustrated with people not being accountable to staying on track with the agenda, people monopolizing the conversation and going down rabbit holes, and feeling meetings can be tense.

• Most people feel the very inclusive (70%) and very safe (60%) with none feeling it's neither of these two things at all. • Most people feel the council is somewhat productive (60%) with one person feeling it's not productive at all. Most people feel very comfortable chatting a message to the group during meetings, emailing MINDSOURCE staff outside of meetings, and completing surveys/feedback forms. One person reported not feeling comfortable at all raising their hand during meetings or emailing MINDSOURCE staff outside of meetings. Half of the participants feel their thoughts and ideas are very much valued by the group and the other half feel they are somewhat valued. State Plan • Most participants are excited about the new State Plan (70%) Training area suggestions include Brain injury systems and supports currently available and council processes. Next Steps All agendas and slide decks will have clear time allotments and goals for each topic. Everyone is expected to stay on topic and adhere to the time constraints. Agreements will be reviewed at the beginning of every meeting. Everyone is expected to adhere to them and encouraged to hold each other accountable with respect. In 2024, CACBI will go back to quarterly meetings and launch quarterly subcommittee meetings in between so that subcommittees can be involved in the execution of the strategies. **Client Services Outcome Evaluation** Accomplishments Refined MINDSOURCE's Client Services Logic Model with BIAC staff to align programs with desired outcomes. • Revised all client services evaluation protocols to align with BIAC Client Services Logic • Transitioned data collection for FY24 to aligned evaluation plan. Self Advocacy for Independent Life (SAIL) Implementation Arapahoe Community College held three classes with 20 graduates. • BIAC held 4 classes with 23 participants. Peers assisted with facilitation in two classes and lead the other two. One participant spoke Farci.

|              | <ul> <li>Pueblo Brain Injury and Center Towards Self Reliance held five classes with twelve participants.</li> <li>Most participants see improvements in the outcomes measured after completing the classes.</li> <li>Center Toward Self Reliance used community grant funds to create banners and handouts advertising the classes and certificates and swag to award participants for completing the classes.</li> </ul> |             |          |
|--------------|--|-------------|----------|
|              | State Plan   |             |          |
|              | Ian moved to approve the draft of the state plan, Maria seconded, and motion   |             |          |
|              |  |             |          |
|              | passed with Renee abstaining.  |             |          |
|              | Public Feed Back   |             |          |
|              | Kelly discussed the public feedback process. There will be two in-person   |             |          |
|              | meetings. One will be held in Spanish and the other will include an ASL  |             |          |
|              |  |             |          |
|              | Interpreter. There will also be a virtual meeting. Kelly asked for any input on  |             |          |
|              | what questions should be asked at those meeting and suggestions for getting  |             |          |
|              | the word out about the meetings.   |             |          |
| Action Items |  | Person(s)   | Deadline |
|              |  | Responsible |          |
|              |  |             |          |
|              |  |             |          |

## **Public Comment**

| T ablie comment |                              |             |          |
|-----------------|------------------------------|-------------|----------|
| Discussion      | There was no public comment. |             |          |
| Action Items    |                              | Person(s)   | Deadline |
|                 |                              | Responsible |          |
| NA              |                              |             |          |

## Parking Lot

| Discussion   | The connection between brain injury and trauma.<br>Assign time for reflection on the process section of Amy's report. |                          |          |
|--------------|---|--------------------------|----------|
| Action Items |   | Person(s)<br>Responsible | Deadline |
| NA           |   |                          |          |

# Next Meeting: Thursday, October 19, 2023, 10:00 a.m. – 12:00 p.m

Minutes collected by Lina Kyle