



# MINDSOURCE

## BRAIN INJURY NETWORK



### Colorado Advisory Council on Brain Injury Meeting Minutes

Date: June 15, 2023

Time: 10:00 -12:00 AM

Location: Zoom

NAME	PRESENT	NAME	PRESENT
Board Members		Jones, Christa	x
Agtarap, Stephanie	x	Knauer, Russha	x
Boyd, Kara		Laureta, Laura	x
Dickerson, Jody	x	Martinez, Maria	x
Engle, Ian	x	McMahon, Leah	
Friedman, Ronen	x	Micciche, Denise	x
Genzel, Ben	x	Munthali, Jennie	x
Hawley, Lenny		Pedler, Rhea	
Heidenreich, Steve		Snelson, Kari	
Henika, Joy	x	Wren, Louisa	
Herbstman, David	x	Bowman, Kelly	
Grisham, Toni			
Janeba, Meg	x		
<b>Staff</b>		<b>Guests</b>	
Liz Gerdeman (MINDSOURCE)		Jaime Horsfall (BIAC- Subject Matter Expert)	
Kelly Miller (MINDSOURCE)		Mindy Gates (CDHS)	
Erin Horner (MINDSOURCE)		Amy Engleman (ACL Grant Evaluator)	
		Toni Grishman (CDE)	

#### Welcomes

Discussion	Kelly welcomed everyone to the group. She thanked Stephanie and Ian for stepping up to be co-chairs beginning next month. This will be Maria's and Russha's last meeting as co-chairs.		
Action Items	Person(s) Responsible	Deadline	
NA			

#### Approval of Minutes

Discussion	Joy moved to approve the minutes from May as written, Ian seconded and motion passed.		
Action Items	Person(s) Responsible	Deadline	

**Discussion**

Discussion	<p>Changes to the Bylaws:</p> <ul style="list-style-type: none"> <li>• The group has been renamed to Colorado Advisory Council on Brain Injury (CACBI)</li> <li>• There will not be requirements for background checks.</li> <li>• Language as added including Administration for Community Living (ACL) State Partnership Program requirements.</li> </ul> <p>Russha motioned to approve the bylaws with the recommended revisions, Ian seconded and the motion passed with one abstaining.</p> <p>State Planning Subcommittees</p> <p>Committee One: Strengthen the infrastructure and capacity of MINDSOURCE and its partners by designing a sustainable system of supports for early identification and effective referrals for individuals and families impacted by brain injury throughout Colorado.</p> <ul style="list-style-type: none"> <li>• Create an intentional action plan to expand brain injury screening. <ul style="list-style-type: none"> <li>○ Conduct an environmental scan to determine where screening is occurring and inform gaps to be prioritized.</li> <li>○ Support and strengthen partners who have existing brain injury screening and protocols (ie criminal justice partners) that are trauma informed.</li> <li>○ Explore incorporating brain injury screening into routine wellness exams for children and adults.</li> </ul> </li> <li>• Develop a hub of resources that includes providers/organizations specializing in supporting people with brain injury. <ul style="list-style-type: none"> <li>○ Expand and house a brain injury friendly resource directory on MINDSOURCE page: <a href="http://mindyourbrainco.org">mindyourbrainco.org</a></li> <li>○ Embed resource directory into existing training and capacity building efforts of providers doing screenings.</li> </ul> </li> </ul>
------------	---

- Connect hub with existing efforts to provide statewide resource systems across the social determinants of health, including behavioral, intellectual, and developmental needs.
- Establish a hospital transition plan system for connecting to community resources.
  - Research how to infuse community transition planning into hospital treatment and discharge plans. Explore existing standards of care for discharge after brain injury.
  - Develop plan to infuse brain injury resources, possibly peers, into hospital discharge infrastructure for community supports.
- Maintain and expand the Mind Your Brain campaign.
  - Partner with the Trust Fund Vision and Outreach committee.
  - Explore opportunities to promote the campaign year-round.

The council thought these goals were very ambitious. Transition plans are hugely needed from ERs, rehab facilities, and hospitals. Laura wanted to be sure any peer programs were easy to access. BIAC would be a good partner to assist with connecting peers. The resource hub should be built on and coordinate with BIAC's existing site. Ronen is a potential partner for hospital work because he's working on that in Pueblo. Screening in behavioral health setting is a priority too. Connecting to vocational rehab sooner can provide pre-employment transition services and work collaboratively with community partners. It was recommended to make connections with Disability Innovation group for early education, connection, action to support transitions. It was suggested to expand SAIL to include peer mentorships for coaching on using skills (this might be more appropriate for Goal 2). Warm hand-offs with at least an e-mail connection introducing the person, not just handing them a number or email will result in more effective relationships. Regularly send out list of resources to providers, including social workers, NPs and ensure it also supports the concept of a warm hand-off. The list needs to be maintained and updated.

Committee 2: Strengthen the infrastructure and capacity of MINDSOURCE and its partners by building and sustaining a straight-forward, efficient, and effective system of ongoing supports for people with brain injuries across the lifespan.

- Increase brain injury informed behavioral health services and supports.
  - Provide training to behavioral health providers to expand screening and use of brain injury informed treatment approaches.
  - Track outcomes.
- Advance use of the Colorado Symptom Questionnaire.

- Regularly update TIPS sheets to include effective, online and print resources for each symptom area.
- Explore validating the Symptom Questionnaire.
- Improve the visibility of the Symptom Questionnaire on the MINDSOURCE website.
- Embed the Symptom Questionnaire into existing brain injury trainings and expand to include in training for neurodiversity supports.
- Increase education and accountability to address gaps in case managers' support for people with a BI waiver.
  - Training for Single Entry Point Case Managers on best practices for supporting people with a brain injury while they are enrolling and accessing services.
  - Increase awareness of members and caregivers on BI waiver about services available, particularly respite, and knowing their rights to services.
- Develop a resource roadmap that guides people through the steps for identifying and accessing resources for a brain injury.
  - Determine if the MINDSOURCE Client Services logic model is a good starting point for a resource road map that supports people on their brain injury journey.
  - Develop a brain injury passport for the roadmap (print and electronic) that tracks contacts, appointments, and notes from conversations.

There was a suggestion to put the symptom questionnaire into an app so that tip sheets can be sent to individuals directly. The tip sheets can be overwhelming, and it might be beneficial have a "start here" point. It would be helpful to collapse the tip sheets into one personalized sheet and eliminate duplicate information. It would be great if the road map could be delivered with the tip sheet. It would be great to send reminders after people receive their tipsheets to encourage them to keep checking in after their injury. It might be difficult to develop a universal road map because every brain injury is different. People who have a support person as a backup to help them navigate might be more successful. An informational comic book would be a great tool for kids and adults. Ben suggests working with the behavioral health system to ensure effective treatments for people with brain injury.

	<p>Committee 3: Promote inclusive communities and systems while also supporting individuals with brain injuries in engaging at home, school, work, and community in ways that are meaningful to them.</p> <ul style="list-style-type: none"> <li>• Develop and implement a training for navigators and peer supports about how to support people with brain injuries and professionals to support them in meaningfully engaging in school, work, home, and community. <ul style="list-style-type: none"> <li>○ Identify navigator and peer support positions within helping agencies.</li> <li>○ Develop training with brain injury peer coaches/mentors about what individuals with brain injuries need to know and do to meaningfully engage.</li> <li>○ Develop training with brain injury peer coaches/mentors about what employers, educators, family, and community members need to know to respectfully engage people with brain injuries.</li> </ul> </li> </ul> <p>Ben suggested creating a forum for individuals to rate the professionals they have interactions with. Liz explained there are liability concerns with that, and additionally that wouldn't be appropriate for the state or BIAC to host. There was emphasis on working with navigators in different agencies who are also supporting people with brain injuries. Community outreach for inclusivity is essential and supports groups bring in resources to educate the community.</p>	
Action Items	Person(s) Responsible	Deadline

**Public Comment**

Discussion	There was no public comment.	
Action Items	Person(s) Responsible	Deadline
NA		

**Parking Lot**

Discussion	There are no parking lot item.	
Action Items	Person(s) Responsible	Deadline
NA		

Next Meeting: Thursday, July 20, 2023, 10:00 a.m. – 12:00 p.m

Minutes collected by Lina Kyle