



Colorado Brain Injury Advisory Board Meeting Minutes

Date: August 18, 2022

Time: 10:00 -12:00 AM

Location: Zoom

NAME	PRESENT	NAME	PRESENT
Board Members		Horsfall, Jaime	x
Bemis, Billie		Knauer, Russha	x
Engle, Ian	x	Laureta, Laura	x
French, Anna	x	Levis, Bill	x
Friedman, Ronen		Martinez, Maria	x
Gabella, Barbara	x	McMahon, Leah	
Genzel, Ben	x	Micciche, Denise	x
Herbstman, David	x	Pedler, Rhea	
Hawley, Lenny	x	Snelson, Kari	
Heidenreich, Steve		Wren, Louisa	
Henika, Joy	x	Winkler, Max	
Jones, Christa			
Staff		Guests	
Liz Gerdeman (MINDSOURCE)		Amy Engleman (ACL Grant Evaluator)	
Kelly Miller (MINDSOURCE)		Jim Tatten (Member of Public)	
Erin Horner (MINDSOURCE)			
Lina Kyle (MINDSOURCE)			

Opening & Introductions

Discussion	Kelly asked new board members, Laura Laureta and David Herbstman to introduce themselves.		
Action Items	Person(s) Responsible	Deadline	
NA			

Approval of May Minutes

Discussion	Ian made motion to table approval to the May 2022 to the November meeting, Joy seconded, and motion passed.		
Action Items	Person(s) Responsible	Deadline	
Include May 2022 meeting minutes when sending out these minutes	Kelly		

Advisory Board Survey Results

Discussion	Kelly thanked the board members who participated in the survey. 13 members responded, eight of whom identified as having lived experience. The most common reason for missing a meeting was other work commitments.		
Action Items	Person(s) Responsible	Deadline	

Group Values and Agreements Discussion

Discussion	<p>The meeting participants entered breakout rooms to discuss the following questions: Which group norms no longer serve the group? What group norms would you like to see added?</p> <ul style="list-style-type: none"> • Lenore reported for one group. They appreciate all the agreements but feel like they could be worded simpler. They questioned if “Misery is optional” is necessary. They wondered why “We are all human” is a norm. Liz gave background on how the group agreements were established. • Amy reported for her group. They were uncomfortable with the word charity and think this agreement should be to treat everyone with kindness and respect. They want more of an emphasis on embracing each other’s differences and expertise. They would like the work to be more collaborative and less “us and them.” • Russha reported for her group. One of the impressions of the agreements is that we are trying to assume good intentions of each other. They feel like there is a good environment where everyone can share their thoughts. One agreement not included is ensuring the work is focused on benefits statewide. They would also like more detailed information regarding progress on the state plan. • Ian suggested updating the second agreement to “the answer to “but” is “yes and.” • “Misery is optional” was explained to mean that people should be comfortable in these meetings. If people need to step away, they should feel able to do so. <p>The group decided to set up a google doc and allow for suggestions. A short meeting will be scheduled before the November meeting to discuss changes and finalize the agreements at the November meeting.</p>		
Action Items	Person(s) Responsible	Deadline	

Board Member Compensation & Updating of by-laws

Discussion	<ul style="list-style-type: none"> • A formal policy is forthcoming (by-laws will be updated as well) • Board members who are compensated by their employer for board related activities are not eligible for compensation from CDHS. • Compensation will be provided in the amount of \$30 per hour and is considered income. • Compensation may be impacted by budget constraints and federal grant restrictions. • Bill is a former state employee who is on PERA. He wanted to know how receiving compensation would affect him. Kelly is aware of this being a potential issue and doesn’t have an answer at this time. 		
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	<ul style="list-style-type: none"> Ben expressed concern that accepting compensation would affect his benefits. Ian offered to assist board members who need assistance determining what the consequences for accepting payment. The organization he works for provides this service already. 	
Action Items	Person(s) Responsible	Deadline
NA		

MINDSOURCE Program Updates

Discussion	<p>Kelly gave an update on State Plan</p> <ul style="list-style-type: none"> Needs Assessment- Work has begun on this project. MINDSOURCE is working with OMNI. The focus will be on rural/frontier, LGBTQ+, and Latinx communities. National Workgroups- MINDSOURCE staff are participating in the Child Welfare, Criminal and Juvenile Justice, and Using Data to Connect People to Services groups. These are small groups comprised of staff from states that have received the ACL grant. Public Service Announcement- Kelly asked the group what ideas they have for the topic of the PSA. The group made the following suggestions: <ul style="list-style-type: none"> No two brain injuries are alike User friendly system to allow individuals to access services and support Stories around what worked for survivors Ben suggested convening a focus group of survivors and using humor Show the broad range of types of brain injuries and survivors Show links between brain injury and incarceration, brain injury and drug use, brain injury and sports Ian suggested setting up google doc for people to contribute ideas. <p>Behavioral Health LPA- MINDSOURCE is working with five other states to improve access to screening and treatment for individuals who have behavioral health issues.</p> <p>Behavioral Risk Factor Surveillance System (BRFSS)- MIDNSOURCE is working to add three questions to the Colorado BRFSS. This will allow us to collect information on the prevalence of brain injuries in the state.</p> <p>Evaluation Updates- Amy gave an update on the evaluation of the last grant cycle.</p>	
Action Items	Person(s) Responsible	Deadline
Kelly will send out calendar invites	Kelly	

Public Comment

Discussion	<p>Ben wanted to comment on the SAIL program. He feels the program should be offered continuously and people should be allowed to take it repeatedly. Ben would also like to see more support offered through coaching and peer mentoring as part of SAIL. Maria said they are working on implementing coaching for her group.</p> <p>Jim commented today's conversations were helpful and informative.</p>	
Action Items	Person(s) Responsible	Deadline
NA		

Next Steps/Wrap Up

Discussion	Ian made a motion to adjourn, Bill seconded, and the motion passed.		
Action Items	Person(s) Responsible	Deadline	
NA			

Parking Lot

Discussion	None		
Action Items	Person(s) Responsible	Deadline	
NA			

Next Meeting: Thursday, November 17, 2022, 10:00 a.m. – 12:00 p.m

Minutes collected by Lina Kyle