

# TAKE-HOME IMPRESSIONS FORM

You are encouraged to fill out this handout after attending each meeting. It is designed to help you retain as much of what you learned in today's session as possible. In your own words, please answer the following:

Today I learned:

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I will share this with: \_\_\_\_\_, because:

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I still have questions about:

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This strategy will help me:

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I will use this strategy when:

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