

BRAIN INJURY SYMPTOMS

BRAIN INJURIES CAN RANGE IN SCOPE FROM MILD TO SEVERE. THE IMPACT OF BRAIN INJURY CAN INCLUDE:



PHYSICAL

- Headache
- Nausea
- Fatigue
- Numbness/Tingling
- Feeling dazed/stunned
- Balance Problems
- Dizziness
- Difficulties with interpretation of touch, temperature, movement, limb position and fine discrimination
- Trouble with integration or patterning of sensory impressions into psychologically meaningful data
- Partial or total loss of vision
- Diplopia: weakness of eye muscles and double vision
- blurred vision
- Problems judging distance
- Nystagmus: involuntary eye movements
- Photophobia: intolerance of light
- Decrease or loss of hearing
- Tinnitus: ringing in the ears
- Increased sensitivity to sounds
- Anosmia: loss or diminished sense of smell
- Loss or diminished sense of taste
- Convulsions associated with epilepsy that can be several types and can involve disruption in consciousness, sensory perception, or motor movements
- Spasticity: physical paralysis
- Chronic pain
- Control of bowel and bladder
- Menstrual difficulties
- Regulation of body temperature
- Loss of stamina
- Appetite changes



COGNITIVE

- Feeling mentally “foggy”
- Feeling slowed down
- Difficulty with concentrating and/or memory
- Forgetting recent information and/or conversations
- Confusion
- Repeating questions
- Difficulty with attention, distractibility, speed of processing
- Difficulty with perseveration, impulsiveness, language processing
- Struggling with “executive functions”
- Receptive aphasia: not understanding the spoken word
- Expressive aphasia: difficulty speaking and being understood
- Slurred speech or speaking very fast/very slow
- Difficulty with reading and/or writing



EMOTIONAL

- Irritability
- Sadness/Depression
- Nervousness
- Aggression
- Disinhibition
- Dependent behaviors/lack of motivation
- Denial/lack of awareness
- Struggling with emotional ability or being more emotional



SLEEP

- Drowsiness
- Trouble falling asleep
- Sleeping less than usual or more than usual